

# Headmasters MASTERCLASS

## Perfect your Plait

### FISHTAIL PLAIT



*You will need:*  
 Mason Pearson Brush  
 Clear Elastic Bands  
 L'Oréal Professionnel techni art air fix



**1.** Smooth your hair with the Mason Pearson brush and gather at the nape of your neck to one side.



**2.** Hold the hair in place and divide into two equal sections. Pull a 1 cm (or smaller) strand from underneath the back section into the middle of the two sections.



**3.** Next take a small strand from underneath the front section and pull it into the middle. Simply keep repeating this until you reach the end of your hair (remember to make sure you always have two sections in your hands).



**4.** Tie the ends with the clear elastic band then tease the plait with your thumbs to loosen and add texture. Finish with L'Oréal Professionnel techni art air fix.

Braids are back and hotter than ever this season, Fishbone, Lace & French all graced the S/S 2010 Catwalks from Alexander Wang to Missoni. A technique that can be tricky until mastered, Headmasters introduces its new and exclusive masterclass service 'Perfect Your Plait'. This unique Headmasters tutorial teaches three plait techniques step-by-step, giving you the tools to create catwalk worthy hair.



**1.** Prep your hair with L'Oréal Professionnel techni art full volume extra then create the perfect centre parting with your pintail comb.



**2.** Divide into two equal sections and gather into side ponytails behind your ears using the lengths of ribbon elastic.



**3.** Divide your ponytail into 3 sections and plait together crossing one section over another (make sure the strand you are crossing always ends in the middle), repeat this on the other side.



**4.** Tease one plait and pull over the top of your head an inch away from your hairline. Secure the plait to your head by weaving French Pins under the plait. Repeat this with the other side and finish with L'Oréal Professionnel techni art air fix.

### LACE BRAID



*You will need:*  
 Pintail Comb  
 2 x 15 cm Length Ribbon Elastic  
 French Pins  
 L'Oréal Professionnel techni art full volume extra  
 L'Oréal Professionnel techni art air fix

# FRENCH BRAID



## You will need:

Denman Brush  
Clear Elastic Bands

French Pins

L'Oréal Professionnel tecni art liss control

L'Oréal Professionnel tecni art air fix



**1.** Prep your hair using L'Oréal Professionnel tecni art liss control and blow-dry using your Denman brush. Take a 2 inch semi circle of hair and brush back away from your face towards your crown.



**2.** Divide into three sections plait together crossing one section over another (make sure the strand you are crossing always ends in the middle). Tighten the braid by pulling the hair sections away from each other.



**3.** Take a section from the hairline and gather this into the section in your right hand. Repeat to the end of your hair taking sections from the left and right, ensuring no hair is left loose.



**4.** Secure the ends with a band and tuck the remaining plait into the nape of your neck, pin and secure. Finish with L'Oréal Professionnel tecni art air fix. For a fresh take on this technique, why not try a double braid style?